



## **HOST YOUR OWN OLYMPIC SPORT GAMES**

Try out some of these fun sports activities. Make your own medals!

TRY SPRINTS
AT A
LOCAL TRACK

LEARN ABOUT
THE DISCUSS
USE FRISBEE

OBSTACLE COURSE FOR TIME

SET UP A LONG JUMP TRY POOL NOODLE FENCING

GYMNASTICS OUTDOORS

PLAY FOOTBALL {SOCCER}

TARGET
PRACTICE
NERF GUNS

TRY
ARCHERY
NERF BOWS

GO SWIMMING LEARN A NEW STROKE HAVE A
BASKETBALL
GAME

TRY GOLF, PUTTING, OR MINI GOLF

TRY
BALLOON
TENNIS

RACE WALK
OR RUN
1 MILE

GO BIKING OR CYCLING FOR DISTANCE