

# QUILLED PAPER HEART

This fun paper craft has endless possibilities for creativity!

## INSTRUCTIONS

**STEP 1:** Print out the strips template.

**STEP 2:** Cut strips out of colored paper.

**STEP 3:** Wrap a paper strip around a pencil or marker. Glue the end. Let dry and remove.

**STEP 4:** Glue the rolled pieces to the black paper in the shape of a heart.

## SUPPLIES

Strip template

Colored paper

Scissors

Pencil

Marker

Glue

Black paper

## PAPER QUILLING

Quilling or paper filigree is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. The paper is rolled, looped, curled, twisted, and otherwise manipulated to create shapes that makeup designs to decorate greetings cards, pictures, boxes, eggs, and to make models, jewelry, mobiles, etc.

Quilling starts with rolling a strip of paper into a coil and then pinching the coil into shapes that can be glued together. There are advanced techniques and different sized paper that are used to create 3D miniatures, abstract art, flowers, and portraits among many things.

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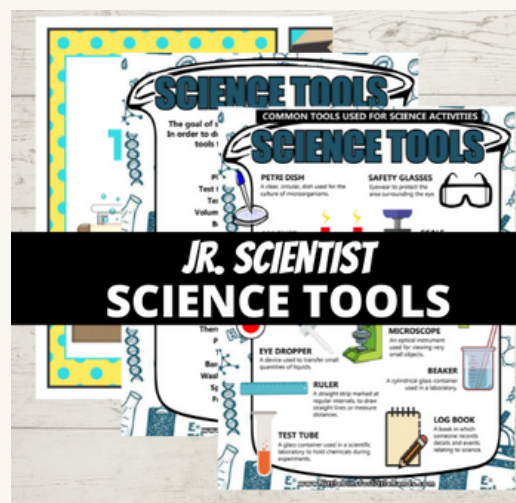
# LITTLE BINS FOR LITTLE HANDS

Are you ready to . . .

- ✓ Find manageable science, engineering, and art projects that kids love doing and are budget-friendly.
- ✓ Stop entering your email address over and over for each activity.
- ✓ Spend less time prepping with our easy instructions, templates and supply lists.
- ✓ Spend more time engaging with your students, groups or kiddos.



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## Meet the Little Bins for Little Hands Duo!

Hi! My name is Sarah, and this is my son Liam. He's actually 13 now. We still LOVE playing around with science and STEM at home.

I shared a simple baking soda and vinegar science activity ten years ago with him. Since then, we've been hooked! Together we have enjoyed 100s of science experiments that are low cost, easy to set up, and just plain FUN!

I always aim to provide the BEST science activities and STEM projects that fit your time and budget! We hope you enjoy the materials we have put together for you today!

~Sarah and Liam

