

WE LOVE RICE!

Did you know you can make different rice sensory bins with just an empty container, a bag of rice, and objects/toys from around the house?

HOW TO DYE RICE

STEP 1: Measure 1 Cup of rice into a container.

STEP 2: Next add 1 Teaspoon of Vinegar.

STEP 3: Now add as much food coloring as desired (deeper color= more food coloring).

STEP 4: Cover the container and SHAKE the rice vigorously for a minute or two. Check to see if the rice is evenly coated with the food coloring!

STEP 5: Spread the colored rice on a paper towel or a tray to dry in an even layer.

STEP 6: Once dry you can transfer the colored rice to a bin for sensory play.

Supplies

White rice
Vinegar
Food Coloring

Now that you have your colored rice, add it to a container and have fun with these simple ideas!

MATH AND MEASURING

Measuring cups can provide hours of open-ended play and discovery! An easy introduction to measurements and even fractions!

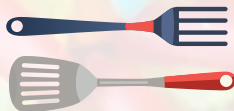
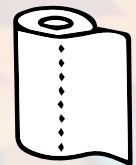


ALPHABET & NUMBER HIDE, SEEK, AND MATCH!

Let's go alphabet hunting! Grab a set of alphabet letters or numbers and hide them in your rice.

CARDBOARD TUBES

Paper towel tubes and toilet paper rolls along with a scoop and container are a fun addition to create a simple rice sensory bin!



KITCHEN PLAY

Go through your kitchen drawers and cupboards for this fun rice sensory bin. Add in some play food items if you have them.

MAGNET MADNESS

Put together a simple rice bin with magnetic items and a magnetic wand to search for the treasure.



FAVORITE BOOK THEME

Choose a fun picture book and items that would relate to the story.



COINS AND COUNTING

Add a roll of pennies to a sensory bin and for an added challenge add a clothespin for grabbing them.



RAINBOWS AND RICE

Add colored rainbow rice and add items from around the house in rainbow colors.

PLANT A GARDEN

Fake flowers, a flower pot, rocks, and garden tools can be a fun addition to a rice sensory bin.

